

SPIRITUAL DISCIPLINE

SCRIPTURE

Christian scripture is essential to our faith formation. Reading it - by ourselves and with others - deepens our understanding of God's will and story of salvation.

Read & Write

Using the journal, write the **Gospel of Luke**, word for word, beginning wherever the person before you left off. As you go, pay attention to how the pace of reading and writing shapes how you encounter each passage. The amount you write is up to you. When you are ready to stop, mark your place in the journal, and close it.

ROOTED
a lenten journey of
digging deep & letting go

